Period:

Day 13—Viruses and Bacteria

A Little About Bacteria (which are very little, themselves)...

- ...living, single-celled organisms.
- ...have cell membrane, actual DNA and ribosomes, but no organelles. (prokaryotes [no nucleus]).
- ... cause diseases such as streptococcus (strep throat; pneumonia) and diphtheria (rare in US).
- ...killed by antibiotics, but they adapt quickly, so overuse of antibiotics is bad.
- ...Spread by contact between people. Stopped by washing hands; hand sanitizer; coughing into your elbow; staying home when sick.
- ... are necessary for good health, especially in digestion (we can't digest plant matter [cellulose] without them).
- ...being "too clean" (or overusing antibiotics) can kill good bacteria (but they can be repopulated, like with yogurt).

Viruses

- ...surrounded by hard protein coat with DNA or RNA fragments (no genes) [see diagram].
- ...can't make their own energy or proteins and need a host cell to reproduce, so VIRUSES ARE NOT ALIVE!
- ... CANNOT BE KILLED WITH ANTIBIOTICS (which attacks cell membranes).
- ... cause AIDS: attacks helper T-cells [white blood cells]
- ...cause **smallpox**: like chickenpox, but more dangerous; eradicated throughout the world; US hasn't vaccinated for it since 1972.
- ...cause warts, common **cold**, influenza (**flu**) again, antibiotics will not help. (*Taking antibiotics for a cold will only help bacteria become resistant*.)
- ...stopped by prevention (hand washing), antiviral medication, or vaccines (*injection of weakened virus so immune system learns to fight it*).
- Head—hard protein coat Tail injects into cell Host Cell

- 1. Virus or bacteria?
 - _Has genetic material. A. Are in yogurt. Ι ____ Can replicate if given nutrients. _____ Are alive. В. T _____ Takes over a cell. Help us with digestion. С. К. L. _____ Has complete DNA. D. Needs a host cell to reproduce. Have hard protein coating. M. Has a nucleus. E. Can make its own proteins. Have a cell membrane. F. N. _____ O. _____ Killed by antibiotics. G. Can cause diseases. Causes colds and flu. Can be beneficial. H. P.
- 2. Give three ways to help prevent the spread of viruses or bacteria.
- 3. Give two ways that viruses "seem" to be alive.
- 4. Give proof that virus are not alive.
- 5. You feel ill, go to the doctor, and ask for antibiotics. What should the doctor do?
- 6. Why can the overuse of antibiotics be harmful to us?
- 7. Bacteria cause disease. As a result a friend of yours says that all bacteria should be eliminated. Respond.
- 8. Give three diseases that cannot be cured by antibiotics.