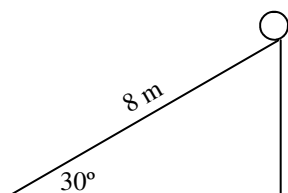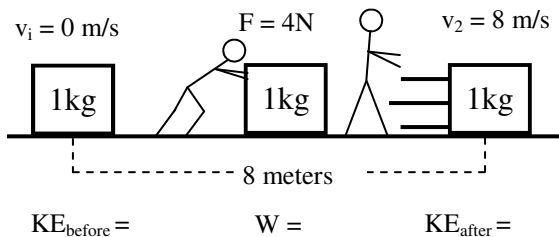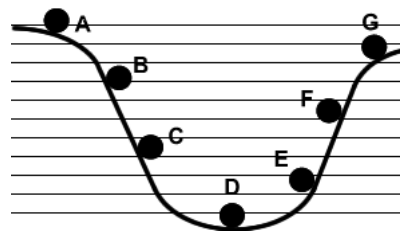# 2011 PreAP Energy 1

1. A person holds onto an object for 2 minutes, but doesn't move the object. Is work done on the object?

2. What kind of energy is being described: KE, PE, W, or PEel?

    A. _____ Friction stopping an object from moving.   D. _____ A moving car.
    B. _____ An object is going 6 m/s.   E. _____ An object is pushed for 3 m.
    C. _____ A spring is compressed.   F. _____ An object on top of a 3 meter table.

3. In the following situations is energy added (gained) or subtracted (lost)?

    A. _____ An object is lifted up from the ground.   D. _____ A spring is compressed.
    B. _____ An object is lowered back to the ground.   E. _____ An object speeds up.
    C. _____ Friction slows down an object.   F. _____ An object slams into the ground.

4. A 200 kg object is going 4 m/s. Find its kinetic energy.

5. A 3 N force pushes on a object for 20 meters. Find the work done.

6. A 4 kg object compresses a spring 0.12 meters. The spring constant for this spring is 2.3 N/m.
    Find the elastic potential energy stored in the spring.

7. A 10 kg object is 15 meters up a hill. Find its potential energy.

8. A 4 kg object has 400 J of potential energy. Find how high off the ground the object is.

9. A 6 kg object has 350 J of kinetic energy. Find the velocity of the object.

10. A 2 kg object is on spring that is compressed 1.5 meters. If the spring has 2 Joules of Elastic Potential energy,
    find the spring constant of the spring.

11. A force did 80 Joules of work on an object in 4 m. How big was the force?

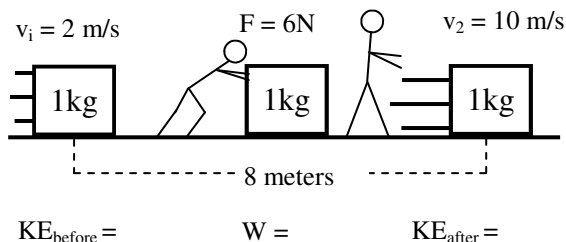*In the equation for potential energy h is VERTICAL HEIGHT, not distance.*

12. Find the potential energy for a 5 kg ball that is 8 m up a 30º ramp.
    (*Use the hint above.*)

8 m

30º

13. The graphic at the right shows a ball being released at position A.
    A. At which position does the ball have the most kinetic energy?
    B. At which position does the ball have the most potential energy?
    C. As it rolls from A to D the ball loses:
    D. As it rolls from D up to G the ball gains:

$v_i = 0$ m/s   F = 4N $v_2 = 8$ m/s

1kg   1kg   1kg

8 meters

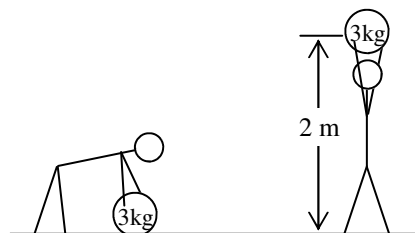$KE_{before} =$ W = $KE_{after} =$

14. Slim Jim pushes a box for 8 m with a 4 N force.
    A. * Under the diagram calculate and label the kinetic energy before and after and the work Slim Jim does on the box.

    B. So, where does the kinetic energy come from?

$v_i = 2$ m/s   F = 6N $v_2 = 10$ m/s

1kg   1kg   1kg

8 meters

$KE_{before} =$ W = $KE_{after} =$

15. This time Slim Jim pushes on a box that is already moving.
    A. Again, calculate and label the kinetic energy before and after and the work done on the object.

    B. So, what did the work become?

16. Slim Jim lifts an object above the ground.

    3kg

    2 m

    3kg

    A. * Since the object is laying motionless on the ground, how much energy does the object start with?

    B. * How much force does Slim Jim need to lift the object?

    C. * Using this force, calculate how much work Slim Jim does to lift the object.

    D. * Calculate the potential energy of the object at the top.

    E. * So, once again, the work done equals what?

Lecture time

Work is how forces change energy. While a force acts on an object the object accelerates. Since kinetic energy increases with velocity, while a force acts on the object the force changes the object's energy. Also, a force can lift an object higher into the air (increasing PE) or lowering the object (decreasing PE). If the force does not move the object, it does no work on the object. So only the portion of the force that moves the object does work. A force pushing down on an object on a table increases normal force, but does not change the object's energy and W = 0. If there is a change of energy for an object, work was done on the object

Q14: KE before = 0 J; W = 32 J; KE after = 32 J
Q16: A: 0 J; B: 30 N (weight of the object); C: 60 J D: 60 J (mgh); E. W = change of energy.