

# VIKING NEWS

YOUR PROGRAM FOR TODAY

Tuesday, August 4<sup>th</sup> 2009

6:00-7:00 AM	<b>'Early Bird' Breakfast:</b> Coffee, juice and pastries are offered at the coffee station for early risers.	3:30-4:15 PM	<b>Tea Time:</b> Have a cup of tea or coffee and enjoy a variety of cakes or pastries in the Viking Lounge.
7:00 AM	<b>Morning Gymnastics:</b> Join your Program Manager in the Viking Lounge for light morning exercise.	6:00-7:00 PM	<b>Cocktail Hour:</b> Start your evening with one of our cocktails of the day.
7:00-9:00 AM	<b>Breakfast:</b> Start your day with a generous breakfast buffet served in the restaurant.	6:30 PM	<b>Daily Briefing:</b> Join fellow passengers in the lounge for an information briefing by your Program Director Lucia.
8:30 AM	<i>Viking Sun</i> arrives in Breisach	7:00 PM	<b>French Dinner with French Chansons:</b> Chef de Cuisine André and Maître d'Hotel invite you for a French Dinner in the restaurant. Bon appétit! French Chansons performed by our special guests, Simone and André from Strasbourg.
8:30 AM-12:45 PM	<b>Shore Excursion:</b> Tour to the Black Forest.	9:00 PM	<b>EU Lecture:</b> Join our lecturer for a talk about European Union in the Viking Lounge.
12:45 PM	<b>Lunch:</b> Our wait staff welcomes you for lunch in the restaurant. Enjoy!	1:00 AM	<b>Anchors Aweigh!</b> <i>Viking Sun</i> leaves Breisach and sets sail for Kehl.
12:45 PM	<b>Light Lunch Buffet:</b> A light lunch buffet is offered in the Viking Lounge.		
2:00-5:30 PM	<b>Optional Excursion:</b> Colmar City Tour.		
2:00 PM	Join us for a stroll into the centre of Breisach.		

#### SHIP'S CONTACTS

Reception: +49 174 346 34 47  
Program Director: +49 174 347 44 23

#### COCKTAILS OF THE DAY

With Alcohol:  
Rolls Royce 5.00 €  
Without Alcohol:  
Red Sky 3.00 €

*The Viking Sun team wishes you an unforgettable day!*

TODAY'S WEATHER

partly cloudy

Sunrise:	6:09 AM	Temperature:	11 - 19°C / 52 - 66°F
Sunset:	9:01 PM	Chance of Rain:	15% morning 15% afternoon 15% evening

WELCOME TO THE WORLD OF RIVER CRUISES

**Black Forest**

At more than 200 kilometres long and 60 kilometres wide, the Black Forest is not only one of the most varied, but also one of the biggest and best known holiday regions in Germany. The Black Forest maids, Black Forest farms, Black Forest gâteau, Bollenhut hats, cuckoo clocks - the Black Forest embodies everything that one might expect of a German picture book holiday.

The TV series "Black Forest Clinic" - (Schwarzwald Klinik) - brought images of this perfect cosy holiday world to over 40 countries in 17 languages. With around 28 million overnight stays per year in the 138,000 beds of the Black Forest's hotels and guest houses, and a further 60,000 in private accommodation, tourism is of great importance for the federal state of Baden-Württemberg and the wine regions of the south-west. The Black Forest possesses a high density of restaurants with top chefs and Gault Millau or Michelin stars, and even in small village restaurants delicious variations on the hearty regional cuisine can be found.

Thermal baths like Baden-Baden, Badenweiler and Bad Wildbad have a long and rich tradition. Nowhere else in Germany has as many springs in such close proximity. The location, at the border of Germany, Switzerland and France places guests within easy reach of diverse cultures and varied landscapes.

The Black Forest was the birthplace of skiing in central Europe, with the first ski club being founded at the Feldberg Mountain, that rises to a height of 1,493 metres. It was here that the first wooden skis were produced and the first ski lift built. Today, the Feldberg region is one of the largest ski resorts outside of the Alps.

The Black Forest Association, (Schwarzwald Verein), was founded over 130 years ago and since then has signposted walking trails of over 23,000 kilometres in the Black Forest.

Cyclists and bike enthusiasts of all kinds will also find ideal conditions in the south-western parts of the federal state of Baden-Württemberg. More than 8,000 kilometres of cycle trails have been signposted especially for mountain bikers.