

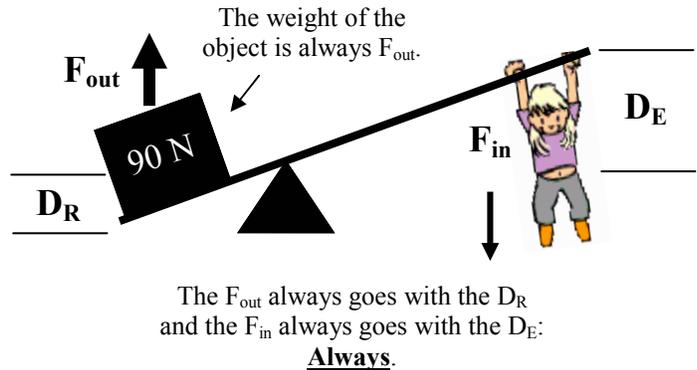
## Simple Machines Made Simple

If you **remember this saying** you can understand and solve almost every simple machine problem:

**“You put *effort in*; you get *resistance out*.  
The *object* is the *output*.”**

**But what does this saying mean? ...**

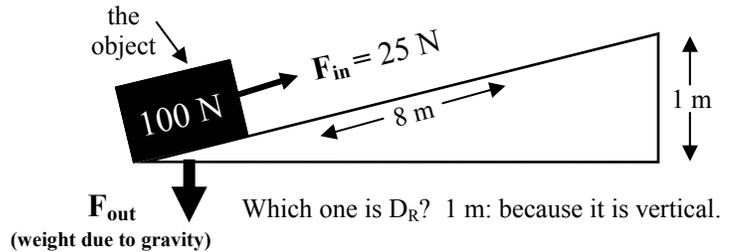
- “You put effort in;” - means the  $D_E$  (distance of effort) goes with the  $F_{in}$  (force in).
- “you get resistance out” - means the  $D_R$  (distance of resistance) goes with the  $F_{out}$  (force out).
- “The object is the output.” - means that whatever object you are lifting or moving is the  $F_{out}$  (force out).



**Distance of Resistance**

What resists? Gravity. And gravity is always vertical.

How do you decide which distance is the distance of resistance? If you remember that gravity is resisting and gravity always pulls down, then the vertical direction the object is lifted or would have to be lifted without the simple machine is the distance of resistance.



**Find the Object First**

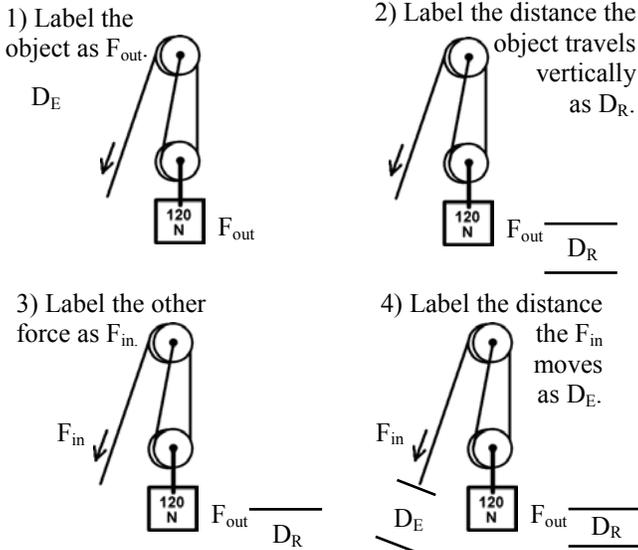
**When working on Simple Machine Problems Follow These Steps:**

*The object is what you are lifting, moving, pushing or pulling.*

- 1) Label the weight of the object that is moved or lifted as  $F_{out}$ .
- 2) Label the distance the object moves vertically as  $D_R$ .
- 3) Label the other distance as  $D_E$  OR
- 4) Label the other force as  $F_{in}$ .

*If you follow these four steps it will then be easy to find work or efficiency*

**Example 1**



**Example 2**

It takes 60 N to drag a 200 N rock up a 10 m long ramp to get it to the top of a 2 m table. Find the efficiency of the incline plane.

- 1) The 200 N rock is the object being moved.  
So,  $F_{out} = 200\text{ N}$
- 2) The vertical distance the rock moves is 2 m.  
So,  $D_R = 2\text{ m}$ .
- 3) The other distance is  $D_E$ .  
 $D_E = 10\text{ m}$ .
- 4) Your effort is  $F_{in}$ .  
 $F_{in} = 60\text{ N}$ .

$$Eff = \frac{W_{out}}{W_{in}} \times 100$$

and  $W = Fd$

$$W_{out} = F_{out} D_R = 200\text{ N}(2\text{ m})$$

$$W_{out} = 400\text{ J}$$

$$W_{in} = F_{in} D_E = 60\text{ N}(10\text{ m})$$

$$W_{in} = 600\text{ J}$$

$$Eff = \frac{W_{out}}{W_{in}} \times 100 = \frac{400\text{ J}}{600\text{ J}} \times 100$$

$$Eff = 67\%$$

(33% was lost as friction)

We now know this:  
 $F_{out} = 200\text{ N}$   
 $D_R = 2\text{ m}$   
 $F_{in} = 60\text{ N}$   
 $D_E = 10\text{ m}$